



# well at work

Helping employees with health conditions stay in work

This service  
is FREE to  
employers



Well@Work is a government-funded initiative for 2019



centre for  
musculoskeletal  
health & work



**SOUTHAMPTON**  
CITY COUNCIL

# well@work

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**Are you an employer with staff whose physical or mental health is affecting their work?**

**Do you have staff who are often off sick?**

**Or those who need help returning to work?**

**Could they benefit from information, advice and guidance?**

Southampton City Council's Employment Retention Specialists offer one-to-one support to discuss health and employment concerns:

- Helping employees overcome barriers to work
- Building confidence and resilience
- Improving communication about mental and physical health issues
- Devising flexible solutions to support a return to work

**To make a referral or for further information contact:**

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Helping make  
it easier to stay  
in work

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