

Family Hub Parenting Offer

Autumn 2024

From 12 August – 20 December

For more information and support, please email: familyhub@southampton.gov.uk

For online courses, go to inourplace.co.uk/southampton/, register for access using the code TITANIC and put in your Southampton postcode.

Monday	Understanding Behaviour Online with Zoom 6.30 - 8.30pm 12 August and 19 August	Infant Massage Pickles Coppice: 1 - 2.30pm 9 Sept - 7 Oct	New Forest Parenting Programme Honeysuckle: 12.30 - 2.30pm 16 Sept - 21 Oct	Cook and Eat Seashell: 3.30 - 5.30pm 16 Sept - 21 Oct	Infant Massage Blackberry: 1 - 2.30pm 23 Sept - 21 Oct	New Forest Parenting Programme Pickles Coppice: 12.30 - 2.30pm 4 Nov - 9 Dec	Understanding Behaviour Mansbridge School 9.30 - 11.30am 4 Nov and 11 Nov	Infant Massage Honeysuckle: 1 - 2.30pm 11 Nov - 9 Dec
Online courses	Understanding your child's mental health and wellbeing	Understanding your baby	Understanding your child with additional needs		Understanding your baby	Understanding your child with additional needs	Understanding your child's mental health and wellbeing	Understanding your baby
Tuesday	Incredible Years Seashell: 9.30 - 11.30am 10 Sept - 17 Dec Creche available	Cook and Eat Clovelly: 10am - 12pm 10 Sept - 15 Oct	Infant Massage Clovelly: 1 - 2.30pm 10 Sept - 8 Oct	Understanding Behaviour Pickles Coppice: 12.30 - 2.30pm 17 Sept and 24 Sept	Being a Parent The Ashby Centre: 12.30 - 2.30pm 17 Sept - 19 Nov Creche available	Cook and Eat Clovelly: 3.15 - 5.15pm 5 Nov - 10 Dec		
Online courses	Understanding your child's feelings		Understanding your baby	Understanding your child's mental health and wellbeing	Understanding your child's feelings			
Wednesday	Incredible Years Clovelly: 9.30 - 11.30am 11 Sept - 18 Dec Creche available	Living With Teenagers Clovelly: 12.30 - 2.30pm 2 Oct - 4 Dec	Infant Massage Seashell: 1 - 2.30pm 6 Nov - 4 Dec	Infant Massage The Ashby Centre: 1 - 2.30pm 6 Nov - 4 Dec				
Online courses	Understanding your child's feelings	Understanding your teenager's brain	Understanding your baby	Understanding your baby				



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Thursday	Cook and Eat The Ashby Centre: 9.30 - 11.30am 12 Sept - 17 Oct	Being a Parent Hardmoor Early Years Centre: 9.30 - 11.30am 26 Sept - 28 Nov Creche available	New Forest Parenting Programme Cutbush: 12.30 - 2.30pm 7 Nov - 12 Dec	Cook and Eat Pickles Coppice: 4 - 6pm 7 Nov - 12 Dec	Being a Parent Together Online with Zoom: 7.30 - 9.30pm 14 Nov - 5 Dec
Online courses		Understanding your child's feelings	Understanding your child with additional needs		Understanding your relationships
Friday	New Forest Parenting Programme Blackberry: 12.30 - 2.30pm 20 Sept - 25 Oct	Infant Massage Cutbush: 10 - 11.30am 27 Sep - 25 Oct	Incredible Years Pickles Coppice: 9.30 - 11.30am 18 Oct - 7 Feb	Cook and Eat Cutbush: 9.30 - 11.30am 8 Nov - 13 Dec	Understanding Behaviour Clovelly: 12.30 - 2.30pm 15 Nov and 22 Nov
Online courses	Understanding your child with additional needs	Understanding your baby	Understanding your child's feelings		Understanding your child's mental health and wellbeing

Locations

Family Hub
Cutbush
Cutbush Lane,
Southampton,
SO18 2GF
023 8091 5480

Family Hub
The Ashby
Centre
Stratton Road,
Southampton,
SO15 5QZ
023 8054 0135

Family Hub
Seashell
Foxcott Close
Southampton,
SO19 9JQ
023 8043 7866

Family Hub
Pickles Coppice
65 Windermere
Avenue
Southampton,
SO16 9QX
023 8054 0135

Family Hub
Clovelly
60-68 Clovelly
Road
Southampton,
SO14 0AU
023 8033 1635

Family Hub
Honeysuckle
Honeysuckle
Road
Southampton
SO16 3BZ
023 8083 3552

Family Hub
Blackberry
Byron Road
Southampton,
SO19 6FH
023 8091 7633

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